



## **Statistics Report 19071, Candies, carob, unsweetened**

Report Date: June 26, 2017 16:27 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	1.54	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Energy	kcal	540	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Energy	kJ	2259	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Protein	g	8.15	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Total lipid (fat)	g	31.36	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Ash	g	2.66	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Carbohydrate, by difference	g	56.29	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Fiber, total dietary	g	3.8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Sugars, total	g	34.11	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006

Minerals

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	303	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Iron, Fe	mg	1.29	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Magnesium, Mg	mg	36	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Phosphorus, P	mg	126	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Potassium, K	mg	633	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Sodium, Na	mg	107	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Zinc, Zn	mg	3.53	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Copper, Cu	mg	0.183	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Manganese, Mn	mg	0.140	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Selenium, Se	µg	5.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005

## Vitamins

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid	mg	0.5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Thiamin	mg	0.100	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Riboflavin	mg	0.178	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Niacin	mg	1.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Pantothenic acid	mg	0.750	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Vitamin B-6	mg	0.130	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
Folate, total	µg	21	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Folate, food	µg	21	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Folate, DFE	µg	21	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Choline, total	mg	19.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin B-12	µg	0.28	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin A, RAE	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Carotene, beta	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin A, IU	IU	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin E (alpha-tocopherol)	mg	1.57	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	7.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
<b>Lipids</b>													
Fatty acids, total saturated	g	29.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/1996
4:0	g	0.027	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
6:0	g	0.052	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
8:0	g	0.824	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
10:0	g	1.028	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
12:0	g	17.649	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:0	g	6.257	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
16:0	g	2.533	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:0	g	0.632	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:0	g	0.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2005
Fatty acids, total monounsaturated	g	0.483	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
16:1 undifferentiated	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:1 undifferentiated	g	0.482	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Fatty acids, total polyunsaturated	g	0.295	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:2 undifferentiated	g	0.264	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:3 undifferentiated	g	0.031	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2006
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cholesterol	mg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
<b>Amino Acids</b>													
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003